

**Wettkampf 8 - 400m Lagen weiblich**

## Pflichtzeiten

1993 bis 1997: 06:00,00 1988 bis 1992: 06:15,00 1983 bis 1987: 06:30,00 1978 bis 1982: 06:40,00 1973 bis 1977: 06:50,00  
 1968 bis 1972: 07:15,00 1963 bis 1967: 07:15,00 1958 bis 1962: 08:00,00 1953 bis 1957: 08:45,00 1948 bis 1952: 09:00,00  
 1943 bis 1947: 10:00,00 1938 bis 1942: 10:30,00

## AK 75

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin					
	Annemarie Lüdicke	1938/AK 75	TV Gut Heil Zerst	09:17,75	671
	50m: 01:04,79 (01:04,79)   100m: 02:24,07 (01:19,28)				
	150m: 03:37,62 (01:13,55)   200m: 04:48,52 (01:10,90)				
	250m: 05:58,17 (01:09,65)   300m: 07:10,23 (01:12,06)				
	350m: 08:13,60 (01:03,37)   400m: 09:17,75 (01:04,15)				

## AK 65

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin					
	Heli Houben	1951/AK 65	SV Blau-Weiß Bochum	07:29,52	759
	50m: 00:49,72 (00:49,72)   100m: 01:50,61 (01:00,89)				
	150m: 02:46,18 (00:55,57)   200m: 03:42,89 (00:56,71)				
	250m: 04:43,92 (01:01,03)   300m: 05:46,99 (01:03,07)				
	350m: 06:38,11 (00:51,12)   400m: 07:29,52 (00:51,41)				
2.	Kristina Geuter	1952/AK 65	SSG Coburg	07:36,17	726
	50m: 00:48,63 (00:48,63)   100m: 01:48,53 (00:59,90)				
	150m: 02:49,36 (01:00,83)   200m: 03:48,35 (00:58,99)				
	250m: 04:51,71 (01:03,36)   300m: 05:56,38 (01:04,67)				
	350m: 06:47,13 (00:50,75)   400m: 07:36,17 (00:49,04)				
3.	Sabine Morche-Bloch	1950/AK 65	TSV Achim 1860	07:56,74	636
	50m: 00:46,78 (00:46,78)   100m: 01:42,76 (00:55,98)				
	150m: 02:48,85 (01:06,09)   200m: 03:53,25 (01:04,40)				
	250m: 04:56,62 (01:03,37)   300m: 06:03,57 (01:06,95)				
	350m: 07:00,42 (00:56,85)   400m: 07:56,74 (00:56,32)				
4.	Brigitte Weinzierl	1952/AK 65	SV Lohhof	08:31,47	515
	50m: 00:59,21 (00:59,21)   100m: 02:08,82 (01:09,61)				
	150m: 03:17,72 (01:08,90)   200m: 04:24,46 (01:06,74)				
	250m: 05:32,66 (01:08,20)   300m: 06:38,98 (01:06,32)				
	350m: 07:35,00 (00:56,02)   400m: 08:31,47 (00:56,47)				

## AK 60

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin					
	Rosemarie Calmus	1954/AK 60	SC Regensburg	07:16,55	673
	50m: 00:43,94 (00:43,94)   100m: 01:41,05 (00:57,11)				
	150m: 04:34,99 (02:53,94)   200m: 03:34,71 (01:00,28)				
	250m: 06:26,62 (02:51,91)   300m: 05:36,54 (00:50,08)				
	400m: 07:16,55 (01:40,01)				
2.	Dorothea Jäger	1957/AK 60	SV Weixdorf e.V.	07:41,97	568
	50m: 00:46,30 (00:46,30)   100m: 01:44,73 (00:58,43)				
	150m: 02:46,22 (01:01,49)   200m: 03:48,39 (01:02,17)				
	250m: 04:52,80 (01:04,41)   300m: 05:58,16 (01:05,36)				
	350m: 06:49,13 (00:50,97)   400m: 07:41,97 (00:52,84)				



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AK 55

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin	Gabriele Brkowski	1961/AK 55	SV Hagen 1894	06:07,25	970
	50m: 00:37,65 (00:37,65)   100m: 01:23,36 (00:45,71)				
	150m: 02:11,92 (00:48,56)   200m: 02:59,65 (00:47,73)				
	250m: 03:53,21 (00:53,56)   300m: 04:45,79 (00:52,58)				
	350m: 05:27,42 (00:41,63)   400m: 06:07,25 (00:39,83)				
2.	Kerstin Uhlig	1960/AK 55	SG Wetterau	06:41,06	744
	50m: 00:41,41 (00:41,41)   100m: 01:34,01 (00:52,60)				
	150m: 02:28,17 (00:54,16)   200m: 03:19,88 (00:51,71)				
	250m: 04:13,69 (00:53,81)   300m: 05:09,75 (00:56,06)				
	350m: 05:56,41 (00:46,66)   400m: 06:41,06 (00:44,65)				
3.	Ursula Wallitsch	1961/AK 55	SC Regensburg	06:47,22	711
	50m: 00:47,25 (00:47,25)   100m: 01:42,87 (00:55,62)				
	150m: 02:35,20 (00:52,33)   200m: 03:24,46 (00:49,26)				
	250m: 04:23,87 (00:59,41)   300m: 05:20,18 (00:56,31)				
	350m: 06:03,90 (00:43,72)   400m: 06:47,22 (00:43,32)				
4.	Dr. Ilona Radermacher	1960/AK 55	SG Mönchengladbach	06:52,84	682
	50m: 00:48,45 (00:48,45)   100m: 01:43,43 (00:54,98)				
	150m: 02:36,77 (00:53,34)   200m: 03:27,93 (00:51,16)				
	250m: 04:24,35 (00:56,42)   300m: 05:20,65 (00:56,30)				
	350m: 06:07,97 (00:47,32)   400m: 06:52,84 (00:44,87)				

AK 50

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin	Susanne Reibel-Oberle	1964/AK 50	SSV Lahr 1921	05:50,04	887
	50m: 00:35,28 (00:35,28)   100m: 01:16,64 (00:41,36)				
	150m: 02:02,75 (00:46,11)   200m: 02:48,55 (00:45,80)				
	250m: 03:39,47 (00:50,92)   300m: 04:31,61 (00:52,14)				
	350m: 05:11,26 (00:39,65)   400m: 05:50,04 (00:38,78)				
2.	Ursula Schröck	1966/AK 50	SSV Lahr 1921	06:13,00	733
	50m: 00:37,67 (00:37,67)   100m: 01:22,08 (00:44,41)				
	150m: 02:12,52 (00:50,44)   200m: 03:02,32 (00:49,80)				
	250m: 03:55,45 (00:53,13)   300m: 04:47,75 (00:52,30)				
	350m: 05:30,98 (00:43,23)   400m: 06:13,00 (00:42,02)				
3.	Teodora König	1966/AK 50	TSV Vorhalle 1879 e.V	06:31,23	636
	50m: 00:37,24 (00:37,24)   100m: 01:29,10 (00:51,86)				
	150m: 02:21,30 (00:52,20)   200m: 03:09,66 (00:48,36)				
	250m: 04:06,60 (00:56,94)   300m: 05:02,39 (00:55,79)				
	350m: 05:47,73 (00:45,34)   400m: 06:31,23 (00:43,50)				
4.	Anna DeLozier	1963/AK 50	TPSV Enkenbach	06:32,76	628
	50m: 00:42,10 (00:42,10)   100m: 01:36,03 (00:53,93)				
	150m: 02:24,67 (00:48,64)   200m: 03:13,22 (00:48,55)				
	250m: 04:09,81 (00:56,59)   300m: 05:08,72 (00:58,91)				
	350m: 05:52,00 (00:43,28)   400m: 06:32,76 (00:40,76)				
5.	Almuth Beduhn	1964/AK 50	Erster Wetzlarer SV	06:42,96	582
	50m: 00:40,84 (00:40,84)   100m: 01:27,09 (00:46,25)				
	150m: 02:21,65 (00:54,56)   200m: 03:13,91 (00:52,26)				
	250m: 04:14,42 (01:00,51)   300m: 05:12,74 (00:58,32)				
	350m: 05:58,79 (00:46,05)   400m: 06:42,96 (00:44,17)				



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noch AK 50

Platz	Schwimmerin	Jg.	Verein	Endzeit		
6.	Birgit Emming	1965/AK 50	WSV Speyer	06:50,26	551	
	50m: 00:42,22 (00:42,22)   100m: 01:34,14 (00:51,92) 150m: 02:29,23 (00:55,09)   200m: 03:23,66 (00:54,43) 250m: 04:21,23 (00:57,57)   300m: 05:22,03 (01:00,80) 350m: 06:07,43 (00:45,40)   400m: 06:50,26 (00:42,83)					
7.	Beate Petersen	1967/AK 50	Bad Homburger SC	06:59,12	517	
	50m: 00:41,88 (00:41,88)   100m: 01:40,82 (00:58,94) 150m: 02:33,55 (00:52,73)   200m: 03:26,80 (00:53,25) 250m: 04:25,06 (00:58,26)   300m: 05:25,73 (01:00,67) 350m: 06:13,10 (00:47,37)   400m: 06:59,12 (00:46,02)					
	Silke Will	1965/AK 50	SV Mannheim	07:21,42	442	EnM
	50m: 00:51,89 (00:51,89)   100m: 01:50,93 (00:59,04) 150m: 02:49,24 (00:58,31)   200m: 03:44,46 (00:55,22) 250m: 04:47,28 (01:02,82)   300m: 05:49,77 (01:02,49) 350m: 06:36,39 (00:46,62)   400m: 07:21,42 (00:45,03)					

AK 45

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1. und Internationale Deutsche Altersklassenmeisterin	Claudia Thielemann	1968/AK 45	SG Bayer	05:42,39	917	
	50m: 00:35,00 (00:35,00)   100m: 01:15,87 (00:40,87) 150m: 01:59,94 (00:44,07)   200m: 02:43,44 (00:43,50) 250m: 03:34,31 (00:50,87)   300m: 04:25,59 (00:51,28) 350m: 05:04,37 (00:38,78)   400m: 05:42,39 (00:38,02)					
2.	Petra Duda	1970/AK 45	SC Wiking Herne 1921	05:54,48	826	
	50m: 00:36,14 (00:36,14)   100m: 01:18,23 (00:42,09) 150m: 02:08,33 (00:50,10)   200m: 02:56,19 (00:47,86) 250m: 03:44,29 (00:48,10)   300m: 04:33,40 (00:49,11) 350m: 05:15,15 (00:41,75)   400m: 05:54,48 (00:39,33)					
3.	Katja Hechel	1971/AK 45	SG Glems	06:08,06	738	
	50m: 00:38,59 (00:38,59)   100m: 01:24,42 (00:45,83) 150m: 02:12,18 (00:47,76)   200m: 02:58,50 (00:46,32) 250m: 03:50,78 (00:52,28)   300m: 04:44,05 (00:53,27) 350m: 05:26,40 (00:42,35)   400m: 06:08,06 (00:41,66)					
4.	Sandra Hornig	1971/AK 45	SG Odenwald	06:33,07	606	
	50m: 00:51,06 (00:51,06)   100m: 01:47,71 (00:56,65) 150m: 02:34,61 (00:46,90)   200m: 03:19,01 (00:44,40) 250m: 04:16,50 (00:57,49)   300m: 05:11,31 (00:54,81) 350m: 05:53,18 (00:41,87)   400m: 06:33,07 (00:39,89)					
5.	Rita Acampora	1970/AK 45	Zehlendorfer TSV v. 1888 e.V.	06:35,02	597	
	50m: 00:39,93 (00:39,93)   100m: 01:26,80 (00:46,87) 150m: 02:21,32 (00:54,52)   200m: 03:14,74 (00:53,42) 250m: 04:09,79 (00:55,05)   300m: 05:05,88 (00:56,09) 350m: 05:51,74 (00:45,86)   400m: 06:35,02 (00:43,28)					

AK 40

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1. und Internationale Deutsche Altersklassenmeisterin	Franziska Fleck	1977/AK 40	SV Mannheim	05:34,17	915	
	50m: 00:33,66 (00:33,66)   100m: 01:13,39 (00:39,73) 150m: 01:58,25 (00:44,86)   200m: 02:43,26 (00:45,01) 250m: 03:29,70 (00:46,44)   300m: 04:17,06 (00:47,36) 350m: 04:55,62 (00:38,56)   400m: 05:34,17 (00:38,55)					



### noch Wettkampf 8 - 400m Lagen weiblich

noch AK 40

Platz	Schwimmerin	Jg.	Verein	Endzeit	
2.	Annett von Rekowski	1976/AK 40	SG Bayer	05:42,73	848
	50m: 00:35,62 (00:35,62)   100m: 01:17,05 (00:41,43) 150m: 02:01,41 (00:44,36)   200m: 02:44,41 (00:43,00) 250m: 03:35,15 (00:50,74)   300m: 04:26,59 (00:51,44) 350m: 05:05,30 (00:38,71)   400m: 05:42,73 (00:37,43)				
3.	Corinna Miede	1976/AK 40	SG Dortmund	05:48,13	809
	50m: 00:35,83 (00:35,83)   100m: 01:18,76 (00:42,93) 150m: 02:06,32 (00:47,56)   200m: 02:53,04 (00:46,72) 250m: 03:41,65 (00:48,61)   300m: 04:31,21 (00:49,56) 350m: 05:10,32 (00:39,11)   400m: 05:48,13 (00:37,81)				
4.	Tanja Kintrup	1973/AK 40	SC Wiking Herne 1921	05:53,78	771
	50m: 00:35,35 (00:35,35)   100m: 01:16,43 (00:41,08) 150m: 02:04,36 (00:47,93)   200m: 02:50,90 (00:46,54) 250m: 03:43,41 (00:52,51)   300m: 04:35,45 (00:52,04) 350m: 05:15,19 (00:39,74)   400m: 05:53,78 (00:38,59)				
5.	Heike Pleines	1974/AK 40	Aqua Sports Eschborn	06:15,06	647
	50m: 00:40,56 (00:40,56)   100m: 01:29,04 (00:48,48) 150m: 02:17,26 (00:48,22)   200m: 03:03,37 (00:46,11) 250m: 03:58,86 (00:55,49)   300m: 04:53,56 (00:54,70) 350m: 05:35,77 (00:42,21)   400m: 06:15,06 (00:39,29)				

#### disqualifiziert

Laura De Marianis 1977/AK 40 Gießener SV  
Beim Beenden der Brustteilstrecke nicht mit beiden Händen gleichzeitig angeschlagen  
Uhrzeit der Bekanntgabe: 13:16

AK 35

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin					
	Andrea Smycek	1981/AK 35	SCW Eschborn	05:36,44	877
	50m: 00:36,69 (00:36,69)   100m: 01:20,98 (00:44,29) 150m: 02:06,30 (00:45,32)   200m: 02:49,86 (00:43,56) 250m: 03:34,85 (00:44,99)   300m: 04:19,64 (00:44,79) 350m: 04:59,03 (00:39,39)   400m: 05:36,44 (00:37,41)				
2.	Nina Heese	1979/AK 35	SGS Hamburg	05:43,46	825
	50m: 00:34,12 (00:34,12)   100m: 01:15,27 (00:41,15) 150m: 01:59,53 (00:44,26)   200m: 02:44,04 (00:44,51) 250m: 03:33,61 (00:49,57)   300m: 04:24,39 (00:50,78) 350m: 05:04,96 (00:40,57)   400m: 05:43,46 (00:38,50)				
3.	Sandra Cumberow	1980/AK 35	Berliner TSC	05:46,70	802
	50m: 00:35,05 (00:35,05)   100m: 01:15,51 (00:40,46) 150m: 02:01,78 (00:46,27)   200m: 02:47,64 (00:45,86) 250m: 03:39,04 (00:51,40)   300m: 04:31,52 (00:52,48) 350m: 05:10,37 (00:38,85)   400m: 05:46,70 (00:36,33)				
4.	Britta Weber	1982/AK 35	SV Neviges	05:48,82	787
	50m: 00:35,03 (00:35,03)   100m: 01:20,88 (00:45,85) 150m: 02:08,10 (00:47,22)   200m: 02:52,91 (00:44,81) 250m: 03:42,21 (00:49,30)   300m: 04:30,60 (00:48,39) 350m: 05:10,25 (00:39,65)   400m: 05:48,82 (00:38,57)				
5.	Britta Wenske	1978/AK 35	SC Regensburg	06:32,63	552
	50m: 00:41,36 (00:41,36)   100m: 01:31,18 (00:49,82) 150m: 02:23,24 (00:52,06)   200m: 03:11,88 (00:48,64) 250m: 04:06,39 (00:54,51)   300m: 05:00,85 (00:54,46) 350m: 05:48,28 (00:47,43)   400m: 06:32,63 (00:44,35)				



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HEAD



### noch Wettkampf 8 - 400m Lagen weiblich

AK 30

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1. und Internationale Deutsche Altersklassenmeisterin						
	Maren Spietzack	1987/AK 30	Swimteam HedDos	05:05,06	1048	DAK
	50m: 00:31,43 (00:31,43)   100m: 01:06,97 (00:35,54) 150m: 01:46,90 (00:39,93)   200m: 02:26,79 (00:39,89) 250m: 03:09,49 (00:42,70)   300m: 03:53,65 (00:44,16) 350m: 04:30,00 (00:36,35)   400m: 05:05,06 (00:35,06)					
2.	Maike Grösch	1984/AK 30	Zehlendorfer TSV v. 1888 e.V.	05:36,59	780	
	50m: 00:35,50 (00:35,50)   100m: 01:15,66 (00:40,16) 150m: 01:59,46 (00:43,80)   200m: 02:42,09 (00:42,63) 250m: 03:32,54 (00:50,45)   300m: 04:22,66 (00:50,12) 350m: 05:00,73 (00:38,07)   400m: 05:36,59 (00:35,86)					
3.	Nicole Kentschke	1987/AK 30	SV TuS 1925 Herten e.V.	05:49,23	699	
	50m: 00:33,92 (00:33,92)   100m: 01:13,67 (00:39,75) 150m: 01:59,23 (00:45,56)   200m: 02:45,13 (00:45,90) 250m: 03:34,69 (00:49,56)   300m: 04:25,02 (00:50,33) 350m: 05:07,40 (00:42,38)   400m: 05:49,23 (00:41,83)					
4.	Susan Przywara	1983/AK 30	SCW Eschborn	05:52,24	681	
	50m: 00:35,37 (00:35,37)   100m: 01:20,08 (00:44,71) 150m: 02:06,09 (00:46,01)   200m: 02:50,40 (00:44,31) 250m: 03:40,41 (00:50,01)   300m: 04:31,82 (00:51,41) 350m: 05:12,69 (00:40,87)   400m: 05:52,24 (00:39,55)					
5.	Franca Strey	1986/AK 30	TSV Rot Weiss Lörrach	05:57,85	649	
	50m: 00:33,48 (00:33,48)   100m: 01:14,26 (00:40,78) 150m: 02:01,66 (00:47,40)   200m: 02:49,76 (00:48,10) 250m: 03:40,41 (00:50,65)   300m: 04:31,84 (00:51,43) 350m: 05:14,94 (00:43,10)   400m: 05:57,85 (00:42,91)					
6.	Martina Nowacki	1985/AK 30	TSG Giengen	06:06,49	604	
	50m: 00:40,18 (00:40,18)   100m: 01:26,60 (00:46,42) 150m: 02:14,77 (00:48,17)   200m: 03:01,51 (00:46,74) 250m: 03:52,77 (00:51,26)   300m: 04:44,18 (00:51,41) 350m: 05:26,01 (00:41,83)   400m: 06:06,49 (00:40,48)					
7.	Ulrike Thielemann	1986/AK 30	Flensburger Schwimmklub v. 1930 e.V.	06:14,93	564	
	50m: 00:41,00 (00:41,00)   100m: 01:30,64 (00:49,64) 150m: 02:21,25 (00:50,61)   200m: 03:10,46 (00:49,21) 250m: 04:01,69 (00:51,23)   300m: 04:54,44 (00:52,75) 350m: 05:34,90 (00:40,46)   400m: 06:14,93 (00:40,03)					

AK 25

Platz	Schwimmerin	Jg.	Verein	Endzeit		
1. und Internationale Deutsche Altersklassenmeisterin						
	Vera Hundsdörfer	1990/AK 25	SSF Bonn	05:35,16	716	
	50m: 00:35,37 (00:35,37)   100m: 01:17,22 (00:41,85) 150m: 02:04,15 (00:46,93)   200m: 02:48,56 (00:44,41) 250m: 03:34,04 (00:45,48)   300m: 04:20,58 (00:46,54) 350m: 04:58,56 (00:37,98)   400m: 05:35,16 (00:36,60)					
2.	Deike Homeyer	1991/AK 25	SG Wiste	05:40,56	683	
	50m: 00:37,17 (00:37,17)   100m: 01:18,49 (00:41,32) 150m: 02:04,36 (00:45,87)   200m: 02:48,64 (00:44,28) 250m: 03:33,96 (00:45,32)   300m: 04:20,12 (00:46,16) 350m: 05:00,76 (00:40,64)   400m: 05:40,56 (00:39,80)					



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### noch Wettkampf 8 - 400m Lagen weiblich

noch AK 25

Platz	Schwimmerin	Jg.	Verein	Endzeit	
3.	Ann Kristin Stein	1989/AK 25	Gießener SV	05:54,19	607
	50m: 00:35,25 (00:35,25)   100m: 01:17,81 (00:42,56)				
	150m: 02:04,93 (00:47,12)   200m: 02:51,45 (00:46,52)				
	250m: 03:40,76 (00:49,31)   300m: 04:30,81 (00:50,05)				
	350m: 05:14,13 (00:43,32)   400m: 05:54,19 (00:40,06)				
4.	Mandy-Karina Schmerder	1991/AK 25	Celler SC	06:08,70	538
	50m: 00:39,47 (00:39,47)   100m: 01:28,17 (00:48,70)				
	150m: 02:16,39 (00:48,22)   200m: 03:03,05 (00:46,66)				
	250m: 03:52,80 (00:49,75)   300m: 04:42,42 (00:49,62)				
	350m: 05:27,88 (00:45,46)   400m: 06:08,70 (00:40,82)				
5.	Anne-Mareike Stein	1989/AK 25	SB Schwaben Stuttgart	06:13,77	516
	50m: 00:37,58 (00:37,58)   100m: 01:26,10 (00:48,52)				
	150m: 02:14,31 (00:48,21)   200m: 03:01,77 (00:47,46)				
	250m: 03:54,12 (00:52,35)   300m: 04:47,69 (00:53,57)				
	350m: 05:31,54 (00:43,85)   400m: 06:13,77 (00:42,23)				

AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1. und Internationale Deutsche Altersklassenmeisterin					
	Lea-Friederike Hackmann	1997/AK 20	SV Delphin Wiesbaden e.V.	05:18,09	836
	50m: 00:31,29 (00:31,29)   100m: 01:07,14 (00:35,85)				
	150m: 01:48,64 (00:41,50)   200m: 02:27,61 (00:38,97)				
	250m: 03:16,09 (00:48,48)   300m: 04:03,45 (00:47,36)				
	350m: 04:43,13 (00:39,68)   400m: 05:18,09 (00:34,96)				
2.	Fiona Dengler-Harles	1997/AK 20	Mainzer Schwimmverein 01	05:18,30	834
	50m: 00:31,97 (00:31,97)   100m: 01:09,41 (00:37,44)				
	150m: 01:53,07 (00:43,66)   200m: 02:35,05 (00:41,98)				
	250m: 03:22,01 (00:46,96)   300m: 04:09,75 (00:47,74)				
	350m: 04:45,78 (00:36,03)   400m: 05:18,30 (00:32,52)				
3.	Alisa Fatum	1995/AK 20	SSV Leutzsch	05:23,76	792
	50m: 00:33,14 (00:33,14)   100m: 01:11,35 (00:38,21)				
	150m: 01:54,26 (00:42,91)   200m: 02:35,21 (00:40,95)				
	250m: 03:24,69 (00:49,48)   300m: 04:14,40 (00:49,71)				
	350m: 04:50,72 (00:36,32)   400m: 05:23,76 (00:33,04)				
4.	Linda Neumann	1993/AK 20	Zehlendorfer TSV v. 1888 e.V.	05:29,64	751
	50m: 00:34,17 (00:34,17)   100m: 01:14,95 (00:40,78)				
	150m: 01:56,69 (00:41,74)   200m: 02:38,26 (00:41,57)				
	250m: 03:26,90 (00:48,64)   300m: 04:16,92 (00:50,02)				
	350m: 04:53,84 (00:36,92)   400m: 05:29,64 (00:35,80)				
5.	Lea Mantz	1997/AK 20	Limmat Sharks Zürich	05:29,81	750
	50m: 00:33,99 (00:33,99)   100m: 01:14,96 (00:40,97)				
	150m: 02:03,14 (00:48,18)   200m: 02:46,44 (00:43,30)				
	250m: 03:33,06 (00:46,62)   300m: 04:17,98 (00:44,92)				
	350m: 04:55,51 (00:37,53)   400m: 05:29,81 (00:34,30)				
6.	Isabel Linß	1997/AK 20	SG Bamberg	05:42,08	672
	50m: 00:33,97 (00:33,97)   100m: 01:15,32 (00:41,35)				
	150m: 02:00,69 (00:45,37)   200m: 02:45,30 (00:44,61)				
	250m: 03:33,38 (00:48,08)   300m: 04:22,67 (00:49,29)				
	350m: 05:03,17 (00:40,50)   400m: 05:42,08 (00:38,91)				
7.	Charlotte Lang	1997/AK 20	TV Wetzlar	05:42,51	669
	50m: 00:36,49 (00:36,49)   100m: 01:20,65 (00:44,16)				
	150m: 02:07,66 (00:47,01)   200m: 02:51,75 (00:44,09)				
	250m: 03:39,78 (00:48,03)   300m: 04:26,92 (00:47,14)				
	350m: 05:05,51 (00:38,59)   400m: 05:42,51 (00:37,00)				



Geleitet durch:



Bundesministerium  
des Innern

aufgrund eines Beschlusses  
des Deutschen Bundestages



**noch Wettkampf 8 - 400m Lagen weiblich**

noch AK 20

Platz	Schwimmerin	Jg.	Verein	Endzeit	
8.	Jessica Lilienthal	1996/AK 20	SSG Braunschweig	05:52,02	616
	50m: 00:37,17 (00:37,17)   100m: 01:21,93 (00:44,76)				
	150m: 02:05,98 (00:44,05)   200m: 02:50,21 (00:44,23)				
	250m: 03:43,04 (00:52,83)   300m: 04:34,29 (00:51,25)				
	350m: 05:13,18 (00:38,89)   400m: 05:52,02 (00:38,84)				
9.	Mareike Ulbrich	1997/AK 20	TV Wetzlar	05:58,88	582
	50m: 00:37,87 (00:37,87)   100m: 01:23,40 (00:45,53)				
	150m: 02:12,00 (00:48,60)   200m: 02:58,44 (00:46,44)				
	250m: 03:48,96 (00:50,52)   300m: 04:39,11 (00:50,15)				
	350m: 05:19,65 (00:40,54)   400m: 05:58,88 (00:39,23)				



Geleört durch:

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des Innernaufgrund eines Beschlusses  
des Deutschen Bundestages**HEAD**