

**Wettkampf 8 - 400m Lagen männlich**

## Pflichtzeiten

1994 bis 1998: 06:20,00 1989 bis 1993: 06:28,00 1984 bis 1988: 06:28,00 1979 bis 1983: 06:28,00 1974 bis 1978: 06:28,00  
 1969 bis 1973: 07:00,00 1964 bis 1968: 07:11,00 1959 bis 1963: 07:48,00 1954 bis 1958: 08:15,00 1949 bis 1953: 09:07,00  
 1944 bis 1948: 09:40,00

## AK 90

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>disqualifiziert</u>			
	Karl Hauter	1925/AK 90	1. Schwimmverein Blau-Weiss Pirmasens	
	Der Schwimmer führte während der Delphinteilstrecke zwei Brustbeinschläge je Armzug aus Uhrzeit der Bekanntgabe: 12:14			

## AK 80

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Internationaler Deutscher Altersklassenmeister	Norbert Körber	1938/AK 80	SG Rhein-Mosel	08:59,31 694
	50m: 00:59,76 (00:59,76)   100m: 02:10,29 (01:10,53) 150m: 03:23,91 (01:13,62)   200m: 04:32,65 (01:08,74) 250m: 05:48,30 (01:15,65)   300m: 07:01,66 (01:13,36) 350m: 08:03,57 (01:01,91)   400m: 08:59,31 (00:55,74)			

## AK 75

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Internationaler Deutscher Altersklassenmeister	Alfred Seeger	1940/AK 75	TSV 1850 Lindau	07:47,22 823
	50m: 00:50,59 (00:50,59)   100m: 01:51,97 (01:01,38) 150m: 02:53,74 (01:01,77)   200m: 03:55,99 (01:02,25) 250m: 04:58,73 (01:02,74)   300m: 06:03,04 (01:04,31) 350m: 06:55,83 (00:52,79)   400m: 07:47,22 (00:51,39)			
2.	Peter Wermelskirchen	1939/AK 75	SG Bayer	08:40,63 595
	50m: 00:57,23 (00:57,23)   100m: 02:04,87 (01:07,64) 150m: 03:13,33 (01:08,46)   200m: 04:20,46 (01:07,13) 250m: 05:28,99 (01:08,53)   300m: 06:38,40 (01:09,41) 350m: 07:39,58 (01:01,18)   400m: 08:40,63 (01:01,05)			
3.	Sigurd Pathe	1943/AK 75	Neckarsulmer Sport-Union	10:06,01 377
	50m: 01:02,30 (01:02,30)   100m: 02:16,31 (01:14,01) 150m: 03:31,71 (01:15,40)   200m: 04:46,02 (01:14,31) 250m: 06:04,47 (01:18,45)   300m: 07:22,93 (01:18,46) 350m: 08:48,18 (01:25,25)   400m: 10:06,01 (01:17,83)			

## AK 70

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Internationaler Deutscher Altersklassenmeister	Herbert Lange	1946/AK 70	SSC Berlin-Reinickendorf	07:22,11 744
	50m: 00:51,60 (00:51,60)   100m: 01:49,26 (00:57,66) 150m: 02:46,09 (00:56,83)   200m: 03:41,90 (00:55,81) 250m: 04:41,45 (00:59,55)   300m: 05:42,51 (01:01,06) 350m: 06:31,70 (00:49,19)   400m: 07:22,11 (00:50,41)			
2.	Prof. Dr. Michael Metz	1948/AK 70	SSV Senftenberg e.V.	08:34,04 473
	50m: 01:02,59 (01:02,59)   100m: 02:14,04 (01:11,45) 150m: 03:23,11 (01:09,07)   200m: 04:30,52 (01:07,41) 250m: 05:40,32 (01:09,80)   300m: 06:47,77 (01:07,45) 350m: 07:44,24 (00:56,47)   400m: 08:34,04 (00:49,80)			

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

AK 65

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Helmut Hertelendy	1950/AK 65	SV Hof 1911 e. V.	06:59,19	729
	50m: 00:46,92 (00:46,92)   100m: 01:41,85 (00:54,93) 150m: 02:37,75 (00:55,90)   200m: 03:31,17 (00:53,42) 250m: 04:31,28 (01:00,11)   300m: 05:30,88 (00:59,60) 350m: 06:16,30 (00:45,42)   400m: 06:59,19 (00:42,89)				
2.	Harald Bayer	1951/AK 65	SG Wuppertal	06:59,53	728
	50m: 00:46,36 (00:46,36)   100m: 01:41,31 (00:54,95) 150m: 02:39,02 (00:57,71)   200m: 03:33,43 (00:54,41) 250m: 04:28,95 (00:55,52)   300m: 05:25,57 (00:56,62) 350m: 06:13,65 (00:48,08)   400m: 06:59,53 (00:45,88)				
3.	Dietmar Langer	1953/AK 65	SC Altwarmbüchen	07:07,67	687
	50m: 00:44,47 (00:44,47)   100m: 01:38,76 (00:54,29) 150m: 02:36,53 (00:57,77)   200m: 03:35,80 (00:59,27) 250m: 04:37,69 (01:01,89)   300m: 05:37,52 (00:59,83) 350m: 06:22,97 (00:45,45)   400m: 07:07,67 (00:44,70)				
4.	Norbert Groß-Eitel	1952/AK 65	WSG Wiehl	08:02,97	477
	50m: 00:45,72 (00:45,72)   100m: 01:50,61 (01:04,89) 150m: 02:53,76 (01:03,15)   200m: 03:52,16 (00:58,40) 250m: 05:03,59 (01:11,43)   300m: 06:16,54 (01:12,95) 350m: 07:10,67 (00:54,13)   400m: 08:02,97 (00:52,30)				

AK 60

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Peter Kauch	1956/AK 60	SG Gladbeck/Recklinghausen	05:50,63	961
	50m: 00:37,29 (00:37,29)   100m: 01:19,40 (00:42,11) 150m: 02:08,85 (00:49,45)   200m: 02:57,84 (00:48,99) 250m: 03:45,07 (00:47,23)   300m: 04:32,80 (00:47,73) 350m: 05:12,36 (00:39,56)   400m: 05:50,63 (00:38,27)				
2.	Bernd Fischer	1958/AK 60	SSF Bonn	05:55,82	920
	50m: 00:37,59 (00:37,59)   100m: 01:21,48 (00:43,89) 150m: 02:09,20 (00:47,72)   200m: 02:56,03 (00:46,83) 250m: 03:46,38 (00:50,35)   300m: 04:36,75 (00:50,37) 350m: 05:17,27 (00:40,52)   400m: 05:55,82 (00:38,55)				
3.	Volker Mende	1957/AK 60	Waspo Nordhorn	06:04,09	859
	50m: 00:39,90 (00:39,90)   100m: 01:25,40 (00:45,50) 150m: 02:15,39 (00:49,99)   200m: 03:03,00 (00:47,61) 250m: 03:53,78 (00:50,78)   300m: 04:44,31 (00:50,53) 350m: 05:24,82 (00:40,51)   400m: 06:04,09 (00:39,27)				
4.	Peter Hoberg	1956/AK 60	SV Mannheim	06:06,75	840
	50m: 00:40,94 (00:40,94)   100m: 01:26,14 (00:45,20) 150m: 02:15,26 (00:49,12)   200m: 03:01,86 (00:46,60) 250m: 03:53,71 (00:51,85)   300m: 04:44,59 (00:50,88) 350m: 05:26,25 (00:41,66)   400m: 06:06,75 (00:40,50)				
5.	Michael Ruff	1956/AK 60	Rheingauer Schwimmclub	06:56,12	575
	50m: 00:48,70 (00:48,70)   100m: 01:45,11 (00:56,41) 150m: 02:39,47 (00:54,36)   200m: 03:32,38 (00:52,91) 250m: 04:26,64 (00:54,26)   300m: 05:20,96 (00:54,32) 350m: 06:09,29 (00:48,33)   400m: 06:56,12 (00:46,83)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

noch AK 60

Platz	Schwimmer	Jg.	Verein	Endzeit
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disqualifiziert

Eduard Nowak

1957/AK 60 TG Hochheim

Der Schwimmer führte auf der Schmetterlingsteilstrecke mehrere Brustarmzüge aus.

Uhrzeit der Bekanntgabe: 12:29

AK 55

Platz	Schwimmer	Jg.	Verein	Endzeit
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1. und Internationaler Deutscher Altersklassenmeister

Michael Kleiber 1963/AK 55 SK Sparta Konstanz

05:31,08 1014

DAK

50m: 00:35,33 (00:35,33) | 100m: 01:15,32 (00:39,99)

150m: 02:01,64 (00:46,32) | 200m: 02:46,16 (00:44,52)

250m: 03:33,32 (00:47,16) | 300m: 04:20,63 (00:47,31)

350m: 04:56,32 (00:35,69) | 400m: 05:31,08 (00:34,76)

2. Alexander Middendorff 1961/AK 55 SGS Hannover

06:02,33 774

50m: 00:40,30 (00:40,30) | 100m: 01:26,58 (00:46,28)

150m: 02:19,26 (00:52,68) | 200m: 03:06,81 (00:47,55)

250m: 03:55,73 (00:48,92) | 300m: 04:45,12 (00:49,39)

350m: 05:24,67 (00:39,55) | 400m: 06:02,33 (00:37,66)

3. Peter Fischer 1962/AK 55 Neckarsulmer Sport-Union

06:11,07 720

50m: 00:37,29 (00:37,29) | 100m: 01:22,32 (00:45,03)

200m: 03:01,79 (01:39,47) | 250m: 03:52,05 (00:50,26)

300m: 04:43,41 (00:51,36) | 350m: 05:26,39 (00:42,98)

400m: 06:11,07 (00:44,68)

4. Markus Dengler-Harles 1963/AK 55 Mainzer Schwimmverein 01

06:41,29 569

50m: 00:41,04 (00:41,04) | 100m: 01:28,27 (00:47,23)

150m: 02:27,21 (00:58,94) | 200m: 03:26,56 (00:59,35)

250m: 04:18,53 (00:51,97) | 300m: 05:09,67 (00:51,14)

350m: 05:55,90 (00:46,23) | 400m: 06:41,29 (00:45,39)

5. Wolfgang Deml 1963/AK 55 TPSV Enkenbach

06:56,96 508

50m: 00:48,68 (00:48,68) | 100m: 01:45,16 (00:56,48)

150m: 02:39,23 (00:54,07) | 200m: 03:31,56 (00:52,33)

250m: 04:29,79 (00:58,23) | 300m: 05:28,93 (00:59,14)

350m: 06:13,97 (00:45,04) | 400m: 06:56,96 (00:42,99)

6. Thomas Warnke 1960/AK 55 HSV Medizin Magdeburg

07:28,07 409

50m: 00:42,62 (00:42,62) | 100m: 01:36,24 (00:53,62)

150m: 02:39,29 (01:03,05) | 200m: 03:42,65 (01:03,36)

250m: 04:41,62 (00:58,97) | 300m: 05:43,86 (01:02,24)

350m: 06:35,42 (00:51,56) | 400m: 07:28,07 (00:52,65)

7. Rene Zippel 1959/AK 55 SV Weixdorf e.V.

07:31,37 400

50m: 00:47,83 (00:47,83) | 100m: 01:44,18 (00:56,35)

150m: 02:45,71 (01:01,53) | 200m: 03:44,17 (00:58,46)

250m: 04:46,55 (01:02,38) | 300m: 05:52,74 (01:06,19)

350m: 06:44,69 (00:51,95) | 400m: 07:31,37 (00:46,68)

abgemeldet

Marc Georg Vaupel

1963/AK 55 SV Nikar Heidelberg

Gefördert durch:

aufgrund eines Beschlusses  
des Deutschen Bundestages

----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

AK 50

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Heiko Boknecht	1968/AK 50	TSV Quakenbrück	05:22,62	951
	50m: 00:34,50 (00:34,50)   100m: 01:13,31 (00:38,81) 150m: 01:57,15 (00:43,84)   200m: 02:38,97 (00:41,82) 250m: 03:23,64 (00:44,67)   300m: 04:07,92 (00:44,28) 350m: 04:45,83 (00:37,91)   400m: 05:22,62 (00:36,79)				
2.	Javier Nogues	1964/AK 50	SSF Bonn	05:28,56	901
	50m: 00:34,66 (00:34,66)   100m: 01:14,31 (00:39,65) 150m: 01:58,79 (00:44,48)   200m: 02:41,32 (00:42,53) 250m: 03:30,77 (00:49,45)   300m: 04:19,43 (00:48,66) 350m: 04:54,50 (00:35,07)   400m: 05:28,56 (00:34,06)				
3.	Eduard Flacker	1968/AK 50	SB Delphin 03 Augsburg	05:30,59	884
	50m: 00:32,70 (00:32,70)   100m: 01:10,72 (00:38,02) 150m: 01:56,68 (00:45,96)   200m: 02:40,89 (00:44,21) 250m: 03:27,54 (00:46,65)   300m: 04:15,16 (00:47,62) 350m: 04:54,61 (00:39,45)   400m: 05:30,59 (00:35,98)				
4.	Ekkehard Lackhoff	1968/AK 50	SG Siegen	05:33,63	860
	50m: 00:35,30 (00:35,30)   100m: 01:16,32 (00:41,02) 150m: 02:01,37 (00:45,05)   200m: 02:45,09 (00:43,72) 250m: 03:32,18 (00:47,09)   300m: 04:19,89 (00:47,71) 350m: 04:57,63 (00:37,74)   400m: 05:33,63 (00:36,00)				
5.	Jens Keil	1965/AK 50	Schwimmverein Langenfeld 1912	05:40,62	808
	50m: 00:35,16 (00:35,16)   100m: 01:16,83 (00:41,67) 150m: 01:58,82 (00:41,99)   200m: 02:41,54 (00:42,72) 250m: 03:30,13 (00:48,59)   300m: 04:18,96 (00:48,83) 350m: 04:59,82 (00:40,86)   400m: 05:40,62 (00:40,80)				
6.	Joachim Steincke	1966/AK 50	SGS Hannover	05:53,53	723
	50m: 00:35,77 (00:35,77)   100m: 01:17,91 (00:42,14) 150m: 02:02,28 (00:44,37)   200m: 02:45,23 (00:42,95) 250m: 03:42,40 (00:57,17)   300m: 04:37,29 (00:54,89) 350m: 05:16,32 (00:39,03)   400m: 05:53,53 (00:37,21)				
7.	Patrick Juncker	1967/AK 50	Swimming Luxembourg	06:01,19	678
	50m: 00:40,09 (00:40,09)   100m: 01:27,20 (00:47,11) 150m: 02:15,01 (00:47,81)   200m: 03:03,02 (00:48,01) 250m: 03:47,23 (00:44,21)   300m: 04:35,05 (00:47,82) 350m: 05:18,83 (00:43,78)   400m: 06:01,19 (00:42,36)				
8.	Bernd Bienek	1966/AK 50	SG Gladbeck/Recklinghausen	06:19,84	583
	50m: 00:37,80 (00:37,80)   100m: 01:25,34 (00:47,54) 150m: 02:14,01 (00:48,67)   200m: 03:01,76 (00:47,75) 250m: 03:54,16 (00:52,40)   300m: 04:46,75 (00:52,59) 350m: 05:34,56 (00:47,81)   400m: 06:19,84 (00:45,28)				
9.	Heiko Krumbek	1967/AK 50	Berliner TSC	06:22,44	571
	50m: 00:34,08 (00:34,08)   100m: 01:15,71 (00:41,63) 150m: 02:11,26 (00:55,55)   200m: 03:04,74 (00:53,48) 250m: 04:04,61 (00:59,87)   300m: 05:03,47 (00:58,86) 350m: 05:43,64 (00:40,17)   400m: 06:22,44 (00:38,80)				

**disqualifiziert**

Ingo Horwart 1964/AK 50 Gudensberger SG

Der Schwimmer führte nach der 200m Wende (Beginn der Brustteilstrecke) mehrere aktive Delphinbeinschläge vor Beginn des 1. Armzuges aus

Uhrzeit der Bekanntgabe: 12:14

Gefördert durch:

aufgrund eines Beschlusses  
des Deutschen Bundestages

----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

AK 45

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Andree Haack	1973/AK 45	SG Mülheim	05:14,30	951
	50m: 00:32,73 (00:32,73)   100m: 01:10,02 (00:37,29)				
	150m: 01:52,41 (00:42,39)   200m: 02:34,04 (00:41,63)				
	250m: 03:19,47 (00:45,43)   300m: 04:05,32 (00:45,85)				
	350m: 04:40,92 (00:35,60)   400m: 05:14,30 (00:33,38)				
2.	Matthias Millers	1970/AK 45	SG Wuppertal	05:15,63	939
	50m: 00:31,57 (00:31,57)   100m: 01:08,56 (00:36,99)				
	150m: 01:50,50 (00:41,94)   200m: 02:31,23 (00:40,73)				
	250m: 03:17,69 (00:46,46)   300m: 04:05,27 (00:47,58)				
	350m: 04:42,92 (00:37,65)   400m: 05:15,63 (00:32,71)				
3.	Christian Frick	1973/AK 45	SC Delphin Ingolstadt	05:18,97	910
	50m: 00:34,70 (00:34,70)   100m: 01:14,92 (00:40,22)				
	150m: 01:56,65 (00:41,73)   200m: 02:37,84 (00:41,19)				
	250m: 03:21,79 (00:43,95)   300m: 04:05,95 (00:44,16)				
	350m: 04:43,26 (00:37,31)   400m: 05:18,97 (00:35,71)				
4.	Harald Nachtigall	1972/AK 45	SG Essen	05:46,63	709
	50m: 00:34,45 (00:34,45)   100m: 01:15,79 (00:41,34)				
	150m: 02:04,78 (00:48,99)   200m: 02:54,06 (00:49,28)				
	250m: 03:41,06 (00:47,00)   300m: 04:26,97 (00:45,91)				
	350m: 05:08,98 (00:42,01)   400m: 05:46,63 (00:37,65)				
5.	Knut Kreitlein	1969/AK 45	SSV Lahr 1921	05:52,56	673
	50m: 00:36,59 (00:36,59)   100m: 01:18,58 (00:41,99)				
	150m: 02:04,17 (00:45,59)   200m: 02:48,57 (00:44,40)				
	250m: 03:40,90 (00:52,33)   300m: 04:33,66 (00:52,76)				
	350m: 05:14,05 (00:40,39)   400m: 05:52,56 (00:38,51)				

abgemeldet

Götz Grevesmühl 1972/AK 45 Bremischer Schwimmverein

AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Dirk Janssen	1977/AK 40	SV Gelnhausen 1924 e.V.	05:10,13	759
	50m: 00:32,67 (00:32,67)   100m: 01:09,90 (00:37,23)				
	150m: 01:53,42 (00:43,52)   200m: 02:36,26 (00:42,84)				
	250m: 03:17,94 (00:41,68)   300m: 04:00,23 (00:42,29)				
	350m: 04:36,21 (00:35,98)   400m: 05:10,13 (00:33,92)				
2.	Ralf Hildebrandt	1978/AK 40	1. Dresdner Schwimgemeinschaft	05:24,38	664
	50m: 00:32,10 (00:32,10)   100m: 01:11,55 (00:39,45)				
	150m: 01:53,63 (00:42,08)   200m: 02:34,41 (00:40,78)				
	250m: 03:22,45 (00:48,04)   300m: 04:10,71 (00:48,26)				
	350m: 04:48,78 (00:38,07)   400m: 05:24,38 (00:35,60)				
3.	Uwe Heller	1974/AK 40	SSG Bruhrain	05:30,95	625
	50m: 00:33,45 (00:33,45)   100m: 01:13,59 (00:40,14)				
	150m: 02:00,30 (00:46,71)   200m: 02:44,97 (00:44,67)				
	250m: 03:30,84 (00:45,87)   300m: 04:17,86 (00:47,02)				
	350m: 04:55,59 (00:37,73)   400m: 05:30,95 (00:35,36)				
4.	Frank Rauchfuß	1976/AK 40	SGS Hamburg	05:38,53	584
	50m: 00:33,38 (00:33,38)   100m: 01:14,28 (00:40,90)				
	150m: 02:01,04 (00:46,76)   200m: 02:47,11 (00:46,07)				
	250m: 03:31,92 (00:44,81)   300m: 04:16,56 (00:44,64)				
	350m: 04:57,54 (00:40,98)   400m: 05:38,53 (00:40,99)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

noch AK 40

Platz	Schwimmer	Jg.	Verein	Endzeit	
5.	Sven Kielblock	1976/AK 40	Brander SV 1973 e.V.	05:47,37	540
	50m: 00:34,33 (00:34,33)   100m: 01:16,46 (00:42,13) 150m: 02:01,99 (00:45,53)   200m: 02:46,57 (00:44,58) 250m: 03:37,70 (00:51,13)   300m: 04:29,04 (00:51,34) 350m: 05:09,02 (00:39,98)   400m: 05:47,37 (00:38,35)				

disqualifiziert

Christoph Hägele 1975/AK 40 Rheingauer Schwimmclub  
 Der Schwimmer hat sich nach der 100m Wende nicht in Rückenlage abgestossen  
 Uhrzeit der Bekanntgabe: 12:59

AK 35

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Martin Klein	1979/AK 35	Bad Homburger SC	05:31,21	636
	50m: 00:32,33 (00:32,33)   100m: 01:12,85 (00:40,52) 150m: 01:56,81 (00:43,96)   200m: 02:38,11 (00:41,30) 250m: 03:26,34 (00:48,23)   300m: 04:14,92 (00:48,58) 350m: 04:53,81 (00:38,89)   400m: 05:31,21 (00:37,40)				
2.	Sam Surtmann	1979/AK 35	SV Mannheim	05:49,59	541
	50m: 00:34,28 (00:34,28)   100m: 01:18,40 (00:44,12) 150m: 02:05,79 (00:47,39)   200m: 02:51,47 (00:45,68) 250m: 03:39,06 (00:47,59)   300m: 04:27,86 (00:48,80) 350m: 05:09,53 (00:41,67)   400m: 05:49,59 (00:40,06)				

AK 30

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Robert Weißhuhn	1984/AK 30	SG Berliner Wasserratten	05:14,49	660
	50m: 00:29,81 (00:29,81)   100m: 01:06,57 (00:36,76) 150m: 01:50,11 (00:43,54)   200m: 02:32,03 (00:41,92) 250m: 03:16,33 (00:44,30)   300m: 04:01,62 (00:45,29) 350m: 04:38,59 (00:36,97)   400m: 05:14,49 (00:35,90)				

disqualifiziert

Tobias Höfs 1986/AK 30 SG Wuppertal  
 Der Schwimmer hat bei der 300m Wende nicht mit beiden Händen gleichzeitig angeschlagen  
 Uhrzeit der Bekanntgabe: 13:08

AK 25

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Bastian Schorr	1992/AK 25	SG Bamberg	04:55,17	903
	50m: 00:29,86 (00:29,86)   100m: 01:04,29 (00:34,43) 150m: 01:43,37 (00:39,08)   200m: 02:21,46 (00:38,09) 250m: 03:05,47 (00:44,01)   300m: 03:50,10 (00:44,63) 350m: 04:23,54 (00:33,44)   400m: 04:55,17 (00:31,63)				
2.	Michael Ritter	1990/AK 25	SG Serum Bernburg/Nienburg	05:17,95	723
	50m: 00:31,12 (00:31,12)   100m: 01:14,37 (00:43,25) 150m: 01:56,63 (00:42,26)   200m: 02:37,58 (00:40,95) 250m: 03:22,00 (00:44,42)   300m: 04:06,81 (00:44,81) 350m: 04:43,46 (00:36,65)   400m: 05:17,95 (00:34,49)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

noch AK 25

Platz	Schwimmer	Jg.	Verein	Endzeit	
3.	Christopher Streek	1993/AK 25	SGS Verden/Dörverden	05:25,39	674
	50m: 00:33,22 (00:33,22)   100m: 01:15,69 (00:42,47)				
	150m: 01:59,38 (00:43,69)   200m: 02:42,81 (00:43,43)				
	250m: 03:28,12 (00:45,31)   300m: 04:13,47 (00:45,35)				
	350m: 04:51,22 (00:37,75)   400m: 05:25,39 (00:34,17)				
4.	Hendrik Möller	1990/AK 25	Mainzer Schwimmverein 01	05:32,18	634
	50m: 00:30,56 (00:30,56)   100m: 01:07,16 (00:36,60)				
	150m: 01:49,86 (00:42,70)   200m: 02:30,89 (00:41,03)				
	250m: 03:23,30 (00:52,41)   300m: 04:15,06 (00:51,76)				
	350m: 04:54,82 (00:39,76)   400m: 05:32,18 (00:37,36)				
5.	Pascal Henk	1992/AK 25	SG Rhein-Mosel	05:42,06	580
	50m: 00:33,34 (00:33,34)   100m: 01:13,48 (00:40,14)				
	150m: 01:58,48 (00:45,00)   200m: 02:41,76 (00:43,28)				
	250m: 03:32,56 (00:50,80)   300m: 04:22,74 (00:50,18)				
	350m: 05:02,75 (00:40,01)   400m: 05:42,06 (00:39,31)				
6.	Patrick Kleemeier	1992/AK 25	SG Bamberg	05:43,57	573
	50m: 00:36,16 (00:36,16)   100m: 01:19,97 (00:43,81)				
	150m: 02:07,89 (00:47,92)   200m: 02:54,96 (00:47,07)				
	250m: 03:40,33 (00:45,37)   300m: 04:27,58 (00:47,25)				
	350m: 05:06,08 (00:38,50)   400m: 05:43,57 (00:37,49)				
7.	Steffen Willms	1990/AK 25	SG Euregio Swim Team	05:53,75	525
	50m: 00:33,73 (00:33,73)   100m: 01:14,69 (00:40,96)				
	150m: 02:00,78 (00:46,09)   200m: 02:47,08 (00:46,30)				
	250m: 03:38,08 (00:51,00)   300m: 04:31,23 (00:53,15)				
	350m: 05:13,08 (00:41,85)   400m: 05:53,75 (00:40,67)				
8.	Tobias Frank	1993/AK 25	SG Bamberg	06:06,14	473
	50m: 00:36,31 (00:36,31)   100m: 01:25,58 (00:49,27)				
	150m: 02:14,24 (00:48,66)   200m: 03:02,28 (00:48,04)				
	250m: 03:52,89 (00:50,61)   300m: 04:44,04 (00:51,15)				
	350m: 05:26,05 (00:42,01)   400m: 06:06,14 (00:40,09)				

AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit	
1. und Internationaler Deutscher Altersklassenmeister					
	Niklas Frach	1998/AK 20	TV Wetzlar	04:33,96	1065 DAK
	50m: 00:28,54 (00:28,54)   100m: 01:01,19 (00:32,65)				
	150m: 01:38,09 (00:36,90)   200m: 02:13,52 (00:35,43)				
	250m: 02:53,38 (00:39,86)   300m: 03:33,49 (00:40,11)				
	350m: 04:04,55 (00:31,06)   400m: 04:33,96 (00:29,41)				
2.	Florian Lipcke	1995/AK 20	DSW 1912 Darmstadt e.V.	04:54,23	859
	50m: 00:31,55 (00:31,55)   100m: 01:08,92 (00:37,37)				
	150m: 01:49,51 (00:40,59)   200m: 02:28,96 (00:39,45)				
	250m: 03:07,67 (00:38,71)   300m: 03:46,97 (00:39,30)				
	350m: 04:21,69 (00:34,72)   400m: 04:54,23 (00:32,54)				
3.	Georgi Kostadinov	1998/AK 20	Mainzer Schwimmverein 01	04:55,73	846
	50m: 00:30,46 (00:30,46)   100m: 01:05,65 (00:35,19)				
	150m: 01:45,67 (00:40,02)   200m: 02:25,28 (00:39,61)				
	250m: 03:06,47 (00:41,19)   300m: 03:49,33 (00:42,86)				
	350m: 04:22,88 (00:33,55)   400m: 04:55,73 (00:32,85)				
4.	Patrick Florian	1997/AK 20	TSV Neustadt 1906	05:07,09	756
	50m: 00:33,24 (00:33,24)   100m: 01:12,70 (00:39,46)				
	150m: 01:53,38 (00:40,68)   200m: 02:33,32 (00:39,94)				
	250m: 03:15,86 (00:42,54)   300m: 03:57,84 (00:41,98)				
	350m: 04:33,26 (00:35,42)   400m: 05:07,09 (00:33,83)				

Gefördert durch:



----- Institutionelle Partner -----

----- Technische Pool Partner -----

----- Kooperationspartner -----

**noch Wettkampf 8 - 400m Lagen männlich**

noch AK 20

Platz	Schwimmer	Jg.	Verein	Endzeit	
5.	Markus Linß	1997/AK 20	SG Bamberg	05:08,72	744
	50m: 00:31,79 (00:31,79)   100m: 01:09,26 (00:37,47)				
	150m: 01:50,67 (00:41,41)   200m: 02:30,85 (00:40,18)				
	250m: 03:13,58 (00:42,73)   300m: 03:56,85 (00:43,27)				
	350m: 04:33,73 (00:36,88)   400m: 05:08,72 (00:34,99)				
6.	Patrik Putala	1997/AK 20	TV Wetzlar	05:12,25	719
	50m: 00:31,82 (00:31,82)   100m: 01:11,41 (00:39,59)				
	150m: 01:53,82 (00:42,41)   200m: 02:34,08 (00:40,26)				
	250m: 03:16,09 (00:42,01)   300m: 03:58,29 (00:42,20)				
	350m: 04:36,21 (00:37,92)   400m: 05:12,25 (00:36,04)				
7.	Daniel Pfaender	1996/AK 20	SG Bamberg	05:16,89	688
	50m: 00:32,43 (00:32,43)   100m: 01:10,33 (00:37,90)				
	150m: 01:54,98 (00:44,65)   200m: 02:37,23 (00:42,25)				
	250m: 03:20,46 (00:43,23)   300m: 04:03,96 (00:43,50)				
	350m: 04:41,34 (00:37,38)   400m: 05:16,89 (00:35,55)				

Gefördert durch:

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Trainingswissenschaft  
Forschung für den Leistungssportpa-picture alliance  
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REGENERATION FOR YOU

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----- Technische Pool Partner -----

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